

## MEDICAL LEAVE WORK CERTIFICATION

To: Santa Barbara City College Employee: This form can be used for when you are taken off work due to a medical reasons. This form can be used when you are released to return to work. You must present the completed form to Human Resources before you return to work. **TO: Treating Physician or Practitioner** Our employee (Employee Name), \_\_\_\_\_ began a period of medical leave for his/her serious health condition on (date employee commenced leave) As a condition of returning to work, the employee must take a physical examination and have his/her physician complete this form. This form must be completed before the employee is allowed to resume their job duties. 1. Employee's Job Title: 2. Date of Physical Examination: \_\_\_\_\_ 3. Date released to Return to Work: With respect to your understanding as to what are the employee's 4. essential job functions, please check the source(s) where you received your information: College job description Discussion with the employee's supervisor Discussion with the employee Other - Please explain: 5. Please indicate the status of the employee's return to work Not released for any type of duty. Modified duty. You must complete question #6. Fully unrestricted duty. Proceed to guestion #7. 6. If you are releasing the employee to modified duty, you must complete this section thoroughly.

a.	Estimated date the employee will be able to return to full, unrestricted
	duty:
b.	Date of your next evaluation of the employee:
c.	Indicate the exact work restrictions which apply to the employee at
	this time on the chart below:

PHYSICAL LIMITATIONS	FULL RESTRICTIONS	PARTIAL RESTRICTIONS	NO RESTRICTIONS
Sedentary-Lifting 0 to 10 pounds			
Light-Lifting 10 to 20 pounds			
Moderate-Lifting 20 to 50 pounds			
Heavy-Lifting 50 to 100 pounds			
Pulling/Pushing, Carrying			
Reaching or working above			
shoulder			
Walking (hrs.)			
Standing (hrs.)			
Sitting (hrs.)			
Stooping (hrs.)			
Kneeling (hrs.)			
Repeated Bending (hrs.)			
Climbing (hrs.)			
Operating a motor vehicle, crane,			
tractor, etc.			
Other:			
Exposure Limitation (Specify)			

executed	by certify that th I under penalty of day of	perjury in	rue and correct, and are , California
Signature	e of Treating Phy	sician or Practitioner	 Date
Print Nam	ne of Treating Phy	ysician or Practitioner	Phone Number